

Beginners Cricket Academy

RE: COVID-19 Pandemic Operational Plan

23 June 2020

Greetings Parents & Students

Please see our Operational Plan, to be implemented upon commencement of training, when we receive the go-ahead from the Minister of Sport. Kindly familiarise yourself and more importantly, your children with the contents hereof.

Training Facility

We run 2 training facilities at 2 different sporting grounds and therefore the Operational Plan would differ:

Protea Heights Academy Cricket Nets (One-on-One Training):

- The ratio for coach:student coaching is 1:1
- Coach will maintain safe social distancing at 1.5m – 2.0m from student
- Coaches will wear Buff / Mask at all times
- Training Nets & equipment will be sanitized BEFORE and AFTER every training session
- Students to arrive on time for training. If student is early, student to stay in vehicle until allocated training time.
- Students are required to wear a mask / buff throughout the training session.
- A Buff would be advisable to wear during training
- Electronic Screening Questionnaire will be completed by coach before every training session.
- Temperature will be taken and recorded on questionnaire.

- Student required to sanitise hands before training
- Hand Sanitizer will be available to use before training starts and after.
- **All Students to bring own cricket equipment & sanitizer for training.**
- **NO sharing of water bottles, cups, food or any consumables will be allowed.**
- **Parents please make sure your child has sufficient water and food for the duration of training.**
- **All Students who will be doing bowling training needs their own balls min 3 balls**
- All parents to wait in vehicle for One-on-One Session to be completed.
- No meetings to be held after training with parents & coaches
- Once training is over, you are to leave the training field immediately. If your transport is not available, please wait on the seating area at the entrance to the bathrooms of Protea Heights Academy.

Curro Durbanville Indoor Facility (Team Training):

- The ratio for coach:student Team Training is 2:7
- Coaches to maintain safe Social Distancing at 1.5m – 2.0m from student
- Coaches will be wearing mask / buff at all times
- Curro Durbanville Indoor Facility will be sanitised before and after every training session
- Students to arrive in training gear
- Students to arrive on time for training. If a student is early, please wait in vehicle until called by coaches
- Students are required to wear the mask / buff when entering the premises
- Electronic Screening Questionnaire will be completed by coach before every training session
- Temperature will be taken and recorded on questionnaire
- Students required to sanitise hands before training
- Upon completion of screening questionnaire, students are required to sit / stand in designated spots, which are 1.5m – 2.0m apart, until training begins
- **All Students to bring own cricket equipment & sanitizer for training**
- **NO SHARING OF EQUIPMENT, including Bats and Balls**
- **NO sharing of water bottles, cups, food or any consumables will be allowed.**
- **Parents please make sure your child has sufficient water and food for the duration of training.**
- All Bowlers to please have their own balls.
- NO Change room facilities will be available during training.
- ONLY 1 student allowed in bathroom facilities at a time.
- Only students allowed inside training venue
- Student to wear buff at all times during training
- When training complete, students to return to designated area of 1.5m apart for quick team talk
- Students to leave straight after Team Talk
- No meetings to be held between parent & coach
- Once training is over, you are to leave the training venue immediately. If your transport is not available, please wait at the entrance of the Facility.

EXTREMELY IMPORTANT:

- **NO parent will be allowed at the training venues. Please wait for your child in your vehicle**
- Kindly inform Beginners Cricket Academy timeously should your child not be feeling well for training.
- If you are not feeling well during your training session, please inform Coach and Coach will make contact with your parent / guardian to fetch you.
- Students will be able to wait at the seating area close to the Toilet facilities of Protea Heights Academy, or at the entrance door of Curro Durbanville Indoor Facility.

- Parents, we request that you read and explain this document to your child and that your child understands the importance of Social Distancing.
- Our Screening Questionnaire is available as a PDF Format and also on our website (www.beginnerscricket.co.za), under the COVID-19 Tab. Kindly read it to your child so that he / she understands the questions our Coaches will ask them.
- Please also inform them that their temperatures will be taken at every training session.

The Health of our students, parents and coaches are of utmost importance. If you present with any of the symptoms mentioned in the Screening Questionnaire, you will not be allowed to train.

Beginners Cricket Academy would like to thank our parents and students for their patience whilst we prepare our venues to be 100% compliant with South African Government Regulations.